



## BARRINGTON YOUTH FOOTBALL LIGHTWEIGHT AND HEAVYWEIGHT FAMILIES

July 10, 2010

Welcome to the 2010 Barrington Youth Football season. Your child will be participating in either the "Lightweight" or "Heavyweight" division for the 2010 season. The designation of a Lightweight player is a player who weighs under 123 pounds with his game pants and t shirt on. Players weighing more than 123 pounds are designated as Heavyweights. For the first two weeks of workouts we will be conducting joint conditioning practices so the boys get a chance to build camaraderie and get to know their mostly middle school teammates. As the players progress into pads and participate in contact drills, the players will be separated by their division.

We would like to stress that our main objective is to make sure every player has fun, learns the game of football and most importantly feels good about themselves. Winning is a plus, but not at the sacrifice of any player's self worth. We feel we have done our job if all players finish the season having learned more about the game of football, they feel good about playing on a team, and the parents feel their child had a positive experience.

We strive to align each player with the appropriate position for their success as an individual and as part of the team. We will do our best to communicate in a timely manner with you. As you can imagine, we have a lot of work to prepare all of the boys appropriately for the upcoming season, but know the importance of good communication with the players and their families.

Communication - will either be done via email or by phone from the head of your son's division. We have a large group of players so most of the initial communications will be done via email so please make sure we have all of the relevant email addresses from you and that you are reading your email on a regular basis. You can also go online, [www.barringtonbroncos.com](http://www.barringtonbroncos.com) to get important dates or league information.

Also, the league, TCYFL, has its own site that is very informative - [www.TCYFL.net](http://www.TCYFL.net) All game schedules, game rules and team standings are listed on TCYFL during the season.

### Here are some very important dates:

**Remaining Equipment Pick Up** – Langendorf Park parking lot, south of the equipment shed and the skateboard park **Monday, July 12, from 6pm-8pm**

<b>Pre-Season Practices &amp; Evaluation:</b>	<b>Monday August 2nd – Thursday August 12<sup>th</sup>,</b>
<b>Location:</b>	<b>Barrington High School Field</b>
<b>Time:</b>	<b>5:30 - 8:00pm (August 2 – August 10)</b> <b>6:00 – 8:15 pm (August 11 and 12)</b>

- August 2<sup>nd</sup>-August 5<sup>th</sup> (Monday-Thursday); players should wear shoulder pads and helmets with mouth guards, but not football pants.



- August 6<sup>th</sup> –August 12<sup>th</sup> (Friday-Thursday), players should wear their full equipment including practice pants. Each player is required to have 10 hours of conditioning prior to starting in full equipment. If your player has not met such requirement as of the start of a practice session, they should come to practice in shoulder pads and helmets.
- Bring plenty of water to drink! Please let us know if your child has an existing medical condition or allergies.

**August 11<sup>th</sup>-12<sup>th</sup>** – This is our target time frame to break into teams. However, this is subject to change based on the results of the first 2 weeks. Team practice will be in full pads and start the week of August 16<sup>th</sup>. Practice locations for each individual teams will be assigned some time in late July.

Please make sure that your son's equipment is put on correctly: shoes tied tightly, shoulder pads and rib pads secure, an athletic cup, etc. This is important for your son's safety!! If you have any questions, please see one of the coordinators at the beginning of practice.

**\*\*PLAYERS ARE NOT ALLOWED TO WEAR THEIR GAME PANTS OR GAME JERSEY TO PRACTICE.**

At the Lightweight level, we will form a Big 10 and 4-5 Pac 10 teams. Depending upon the number of players in each community, we may form a Mac team. Currently, we have over 100 boys registered in the division.

At the Heavyweight level we will form a Big 10 team and 2-3 Pac 10 teams. Currently, we have over 50 boys in the division.

The Big 10, or "A" team, will consist of approximately 18 boys and will play on Sundays.

The Mac, or "B+" team, will consist of the next approximate 18 boys and play on Saturdays or Sundays. There will be equal playing time, 11 on, 11 off.

The Pac 10, or "B" teams, will be equally divided and play on Saturdays. There will be equal playing time, 11 on, 11 off.

Once school starts, we will practice 3 days per week. The specific days are determined by the each team's head coach.

**Scrimmage Weekend-** August 21<sup>st</sup>/22<sup>nd</sup>. We will be holding a BYF PAC and MAC scrimmage event this year. Our PAC teams will scrimmage internally against another PAC team. Big10 and MAC will scrimmage Buffalo Grove. The times and location are yet to be determined.

**Our first games** will be the weekend of August 28th and 29th - Traditionally, we play nine games and possibly 2-3 playoff games.

**Other important dates:**

August 26<sup>th</sup>, (Thursday) 6:00pm, Barrington High School Pep Rally All tackle teams participate.

September 14<sup>th</sup> (Tuesday) Picture Day, Barrington High School Stadium



We look forward to meeting you, coaching your son, having a great season!

If you have any questions or concerns at any time, please feel free to contact me or our representatives on the BYF Board. GO BRONCOS!

### **Lightweight Level Head and Coordinators**

- Jeff Holdsberg (c) 847-309-9987 and e-mail: [jholdsberg@caltius.com](mailto:jholdsberg@caltius.com)
- Dave Jacobs (c) 847-309-9040 [dave@rpgroup.us](mailto:dave@rpgroup.us)
  
- Frank Geraldi (c) 847-804-4621 [fgeraldi@advancedtech.com](mailto:fgeraldi@advancedtech.com)

### **Heavyweight Level Head**

- David Coon (c) 847-691-2708 [davidcoon14@yahoo.com](mailto:davidcoon14@yahoo.com)